

# Interior Painting Quote Checklist

RightSizeTools printable project worksheet

Use this before requesting painting quotes or when deciding which rooms, ceilings, trim, and doors are included.

## Project snapshot

|                            |  |                 |  |
|----------------------------|--|-----------------|--|
| Project address / location |  | Target budget   |  |
| Preferred start window     |  | Must-have scope |  |

## Double-check included

- ☐ Walls
- ☐ Ceilings
- ☐ Trim/baseboards
- ☐ Doors
- ☐ Closets
- ☐ Surface repairs
- ☐ Primer
- ☐ Number of coats
- ☐ Paint brand/line
- ☐ Furniture moving
- ☐ Protection and cleanup

## Clarify before signing

- ☐ How many coats are included?
- ☐ Are color changes included?
- ☐ Who supplies paint?
- ☐ What drywall repairs are included?
- ☐ Are ceilings and trim included or separate?
- ☐ Will furniture be moved and protected?

## Common budget surprises

- ☐ Heavy prep
- ☐ Dark-to-light color changes
- ☐ Trim and doors added later
- ☐ Ceiling stains
- ☐ Wallpaper removal
- ☐ Poor previous paint or texture repairs

## Ways to save without cutting corners

- ☐ Limit color changes.
- ☐ Choose rooms together instead of piecemeal mobilizations.
- ☐ Move small items yourself.
- ☐ Clarify whether closets, trim, and ceilings are included.
- ☐ Pick paint colors before the job starts.

## Quote comparison table

| Item                 | Quote A | Quote B | Quote C |
|----------------------|---------|---------|---------|
| Rooms included       |         |         |         |
| Walls                |         |         |         |
| Ceilings             |         |         |         |
| Trim                 |         |         |         |
| Doors                |         |         |         |
| Repairs              |         |         |         |
| Coats                |         |         |         |
| Paint supplied by    |         |         |         |
| Paint product        |         |         |         |
| Furniture/protection |         |         |         |

## Helpful prep before the visit

- ☐ List each room to be painted.
- ☐ Decide walls only vs walls/ceilings/trim.
- ☐ Take photos of damaged areas.
- ☐ Choose colors before the quote if possible.
- ☐ Remove fragile/small items before the visit.

## Notes

|                    |  |
|--------------------|--|
| Rooms included     |  |
| Color plan         |  |
| Repairs needed     |  |
| Trim/ceiling notes |  |

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